

**FRUSTRATIONS**

FRUSTRATION	WHY	NEXT STEPS

**DREADS**

DREAD	WHY	NEXT STEPS

**AM I?**

**AH-HA'S**

WHAT	WHY	NEXT STEPS

**CELEBRATIONS**

CELEBRATION	WHY	NEXT STEPS

**OPPORTUNITIES**

OPPORTUNITY	WHY	NEXT STEPS

**GRATITUDE**

THING	WHY	NEXT STEPS

**I AM...**