

SPIRIT

WHAT	WHY	NEXT STEP

HEALTH

WHAT	WHY	NEXT STEP

WE-RELATIONSHIPS

WHAT	WHY	NEXT STEP

CRAFT

WHAT	WHY	NEXT STEP

COMMUNITY

WHAT	WHY	NEXT STEP

WHAT MATTERS MOST: THE BIG THINGS

WHAT	WHY	NEXT STEP

WHAT MATTERS MOST: THE SMALL THINGS

WHAT	WHY	NEXT STEP

THINGS TO LET GO OF

WHAT	WHY	NEXT STEP